



## *Seabass and Mixed Pepper Skewer*

Rolls of seabass and red and green peppers presented on a single wooden skewer. Serve as a starter or on a bed of rice as a main meal.

Pack Size: 15 x 100g

### **Cooking Instructions:**

Grill for 15 minutes at 180°C

Can also be BBQ'd, Grilled, Oven baked, Pan Fried or Microwaved.

### **Also Available**

## *Garlic & Herb Butterfly King Prawns*

Raw shell on king prawns cut, butterflyed and marinated in a garlic & herb dressing.

Pack Size: 10 x 1kg

### **Cooking Instructions:**

Pan fry in butter or olive oil until fully cooked and serve as a starter or main course.

