

Ground Nutmeg

UNIT: 1 x 500g



Description

A dark reddish brown coarse granular powder resulting from the grinding of whole nutmegs (*Myristica fragrans*)



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Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

Specifications

Nutrition

Typical Values	Per 100g/ml
Energy	2200 kJ 525 kcal
Fat	36.3 g
- of which saturates	25.9 g
Carbohydrates	28.5 g
- of which sugars	3 g
Fibre	20.8 g
Protein	5.8 g
Salt	0.04 g

Allergens

Contains Cereal	No
Contains Gluten	-
Contains Milk	No
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	No
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	No
Contains Molluscs	No
Contains Sulphur Dioxide	No

Dietary Information

Suitable for Vegetarians	Yes
Suitable for Vegans	Yes
Suitable for Sufferers of Lactose Intolerance	Yes
Suitable for Coeliacs	Yes
Approved for a Halal Diet	No
Approved for a Kosher Diet	No

Ingredients

Ground nutmeg

Directions for Use

N/A

Storage Instructions

Ambient, dry, away from sunlight

Packaging

GTIN: 5060154036145
Inner GTIN: 5060154036152
Weight/Volume: 500grams
Packaging Type: Poly Treated PET/PE

Country of Origin

Other (Indonesia/India)

All Allergen and Nutrition information drawn from www.erudus.com on 04/03/2024