

# Sweet Potato Fries

**UNIT:** 4 x 2.5KG    **SSP:** £36



## Features

- A striking orange and crunchy outer
- Rice and maize flour coating, stays warmer for longer
- Suitable for vegetarians, vegans and gluten-free diets
- A healthier alternative to standard fries

## Description

Fairway Assured sweet potato fries have a striking orange outer and a coating of rice flour and maize flour. This ensures the fries have a crunchy texture and soft inner when cooked -allowing them to stay warm for longer.

A healthier alternative to standard fries as product has a rich source of fibre, vitamins and minerals. Also rich in antioxidants such as beta carotene. Suitable for Vegetarians, Vegans and Gluten Free diets.

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## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

## Specifications

### Nutrition

Typical Values	Per 100g/ml
Energy	663 kJ 158 kcal
Fat	6.8 g
- of which saturates	0.9 g
Carbohydrates	20.8 g
- of which sugars	9.2 g
Fibre	2.9 g
Protein	2 g
Salt	0.58 g

### Allergens

Contains Cereal  
 Contains Gluten  
 Contains Milk  
 Contains Eggs  
 Contains Peanuts  
 Contains Nuts  
 Contains Crustaceans  
 Contains Mustard  
 Contains Fish  
 Contains Lupin  
 Contains Sesame  
 Contains Celery  
 Contains Soya  
 Contains Molluscs  
 Contains Sulphur Dioxide

### Dietary Information

No	Suitable for Vegetarians	Yes
-	Suitable for Vegans	Yes
No	Suitable for Sufferers of Lactose Intolerance	Yes
No	Suitable for Coeliacs	Yes
No	Approved for a Halal Diet	No
No	Approved for a Kosher Diet	No
No		
No		
No		
No		
No		
No		



## Ingredients

Sweet potatoes (87%), Sunflower Oil (8%), Seasoning (5%) [Maize flour, Rice Flour, unmodified corn starch, salt, spices (black pepper, paprika), garlic powder, onion powder, raising agents (E450,E500), Stabiliser (E415), spice extracts (paprika extract, sunflower seed oil)]

## Directions for Use

Fryer: Deep fry small quantities of chips in hot oil (175°C) for approx. 3 minutes. Drain on absorbent paper before serving.  
Cooking appliances vary. These instructions are given only as a guide.  
Oven: Preheat the oven to 220°C, put the sweet potatoes in for 15-20 minutes.

## Storage Instructions

The best before date in this pack is a guide only.  
For your own individual freezer please allow the storage times below:  
Storage - Keep frozen.  
For star marked freezers:  
\*: up to 1 week  
\*\*: up to 1 month  
\*\*\*: -18°C or colder: up to 3 months  
\*\*\*\*: -18°C or colder: until best before date  
Do not refreeze after defrosting.  
Once defrosted keep in a refrigerator for up to 1 day.

## Packaging

GTIN: 5060392095850  
Inner GTIN: 5060392095843  
Weight/Volume: Preprinted bag  
Packaging Type: Polythene Bag

## Country of Origin

Belgium (Produced in Belgium Origin  
Sweet potatoes EU and not EU)

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 08/08/2020