

Sweet Potato Fries

UNIT: 4 x 2.5KG **SSP:** £36



Features

- A striking orange and crunchy outer
- Rice and maize flour coating, stays warmer for longer
- Suitable for vegetarians, vegans and gluten-free diets
- A healthier alternative to standard fries

Description

Fairway Assured sweet potato fries have a striking orange outer and a coating of rice flour and maize flour. This ensures the fries have a crunchy texture and soft inner when cooked -allowing them to stay warm for longer.

A healthier alternative to standard fries as product has a rich source of fibre, vitamins and minerals. Also rich in antioxidants such as beta carotene. Suitable for Vegetarians, Vegans and Gluten Free diets.

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Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

Specifications

Nutrition

Typical Values	Per 100g/ml
Energy	663 kJ 158 kcal
Fat	6.8 g
- of which saturates	0.9 g
Carbohydrates	20.8 g
- of which sugars	9.2 g
Fibre	2.9 g
Protein	2 g
Salt	0.58 g

Allergens

Contains Cereal
 Contains Gluten
 Contains Milk
 Contains Eggs
 Contains Peanuts
 Contains Nuts
 Contains Crustaceans
 Contains Mustard
 Contains Fish
 Contains Lupin
 Contains Sesame
 Contains Celery
 Contains Soya
 Contains Molluscs
 Contains Sulphur Dioxide

Dietary Information

No	Suitable for Vegetarians	Yes
-	Suitable for Vegans	Yes
No	Suitable for Sufferers of Lactose Intolerance	Yes
No	Suitable for Coeliacs	Yes
No	Approved for a Halal Diet	No
No	Approved for a Kosher Diet	No
No		
No		
No		
No		
No		
No		



Ingredients

Sweet potatoes (87%), Sunflower Oil (8%), Seasoning (5%) [Maize flour, Rice Flour, unmodified corn starch, salt, spices (black pepper, paprika), garlic powder, onion powder, raising agents (E450,E500), Stabiliser (E415), spice extracts (paprika extract, sunflower seed oil)]

Directions for Use

Fryer: Deep fry small quantities of chips in hot oil (175°C) for approx. 3 minutes. Drain on absorbent paper before serving.
Cooking appliances vary. These instructions are given only as a guide.
Oven: Preheat the oven to 220°C, put the sweet potatoes in for 15-20 minutes.

Storage Instructions

The best before date in this pack is a guide only.
For your own individual freezer please allow the storage times below:
Storage - Keep frozen.
For star marked freezers:
*: up to 1 week
**: up to 1 month
***: -18°C or colder: up to 3 months
****: -18°C or colder: until best before date
Do not refreeze after defrosting.
Once defrosted keep in a refrigerator for up to 1 day.

Packaging

GTIN: 5060392095850
Inner GTIN: 5060392095843
Weight/Volume: Preprinted bag
Packaging Type: Polythene Bag

Country of Origin

Belgium (Produced in Belgium Origin
Sweet potatoes EU and not EU)

All Allergen and Nutrition information drawn from www.erudus.com on 22/11/2020