



Peas Luxury 1kg

UNIT: 4 x 2.5kg



Description

Highest grade quality peas, grown by a family owned and run business in the heart of Flanders fertile fields. Perfectly situated on one central site, peas are processed at the peak of freshness and frozen to lock in all of nature's nutrients. The BRC AA grade factory maintaining the high quality needs for the concerning foodservice industry.



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Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

Specifications

Nutrition

Typical Values	Per 100g/ml
Energy	289 kJ 69 kcal
Fat	0.3 g
- of which saturates	0.1 g
Carbohydrates	9 g
- of which sugars	3.1 g
Fibre	4.6 g
Protein	5.2 g
Salt	0.08 g

Allergens

Contains Cereal	No
Contains Gluten	-
Contains Milk	No
Contains Eggs	No
Contains Peanuts	No
Contains Nuts	No
Contains Crustaceans	No
Contains Mustard	No
Contains Fish	No
Contains Lupin	No
Contains Sesame	No
Contains Celery	No
Contains Soya	No
Contains Molluscs	No
Contains Sulphur Dioxide	No

Dietary Information

Suitable for Vegetarians	Yes
Suitable for Vegans	Yes
Suitable for Sufferers of Lactose Intolerance	Yes
Suitable for Coeliacs	Yes
Approved for a Halal Diet	No
Approved for a Kosher Diet	No



Ingredients

Peas

Directions for Use

For best results, cook from frozen.

Boiling Method: Place 250g of Petit Pois in a saucepan with sufficient boiling water to cover. Bring the contents back to the boil. Cover the pan and simmer for 3-4 minutes until tender. Drain and Serve.

Microwave Guidelines: Per 250g – place contents into a microwavable container, add 1-2 tablespoons of water then cover and pierce. Heat on full power for 4 minutes (750W) and 4 ½ minutes (650W).

Stir petit pois halfway through cooking. Drain and serve.

Cooking appliances vary. These instructions are given only as a guide. Ensure the product is piping hot before serving. For ovens of different power, heating time must be increased or decreased accordingly.

Storage

Instructions

Keep frozen

* Up to 1 week

** Up to 1 month

*** -18°C or colder Up to 3 months

**** -18°C or colder Until Best Before

Date

Do not refreeze after defrosted.

Packaging

GTIN: 5060154031829

Inner GTIN: 5060154033137

Weight/Volume: 1 x 2.5 kg

Packaging Type: Polythene Bag

Country of Origin

Belgium (n/a)

All Allergen and Nutrition information drawn from www.erudus.com on 04/03/2024.