



Water 560.7 g	200.63 g	Refined WHEAT flour (Self	Defatted Coconut Oil) in refrigerator.	-18 DEGREES		
Typical Values	Per 100g/ml	Energy (KJ, kcal)	Contains Cereals	Yes	Suitable for Vegetarians	No
Protein	11.6 g	200.63 g	Contains Eggs	Yes	Suitable for Sufferers of	No
Carbohydrates	67.1 g	200.63 g	Contains Milk	Yes	Lactose Intolerance	No
Fibre	1.2 g	200.63 g	Contains Peanuts	No	Suitable for Coeliacs	No
Cheddar Cheese (7%)(MILK), Onions (7%),	11 g	200.63 g	Contains Nuts	No	Approved for a Halal Diet	No
Vegetable Oil (Rape, Palm, Emulsifier E471,	0.8 g	200.63 g	Contains Crustaceans	No	Approved for a Kosher Diet	No
- of which sugars	0.8 g	200.63 g	Contains Mustard	No		
Flavouring, Colours E160b(i), E100), Full	1.2 g	200.63 g	Contains Fish	No		
Cream MILK Powder, Stabiliser thickener	8.2 g	200.63 g	Contains Lupin	No		
Protein	8.2 g	200.63 g	Contains Sesame	No		
Salt adipate E1422), carboxy methyl	0.88 g	200.63 g	Contains Celery	No		
cellulose E466), preservative (potassium		200.63 g	Contains Soya	No		
sorbate E202), stabiliser (carrageenan E407),		200.63 g	Contains Molluscs	No		
Salt, Pepper, Mixed Herb.		200.63 g	Contains Sulphur Dioxide	No		