



# Syrup Sponge Pudding

**UNIT:** 12 x 130g



## Description

Moist golden Pudding Sponge, topped with a rich and sticky Syrup Sauce. 12 Individual Puddings.



## Allergen Information



Cereal



Milk



Eggs



Peanuts



Nuts



Crustaceans



Mustard



Fish



Lupin



Sesame



Celery



Soya



Molluscs



SO2

## Specifications

### Nutrition

| Typical Values       | Per 100g/ml         |
|----------------------|---------------------|
| Energy               | 1457 kJ<br>346 kcal |
| Fat                  | 9.8 g               |
| - of which saturates | 2.9 g               |
| Carbohydrates        | 61.2 g              |
| - of which sugars    | 48.6 g              |
| Fibre                | 0.5 g               |
| Protein              | 3.2 g               |
| Salt                 | 0.6 g               |

### Allergens

|                          |             |
|--------------------------|-------------|
| Contains Cereal          | Yes         |
| Contains Gluten          | -           |
| Contains Milk            | No          |
| Contains Eggs            | Yes         |
| Contains Peanuts         | No          |
| Contains Nuts            | May Contain |
| Contains Crustaceans     | No          |
| Contains Mustard         | No          |
| Contains Fish            | No          |
| Contains Lupin           | No          |
| Contains Sesame          | No          |
| Contains Celery          | No          |
| Contains Soya            | No          |
| Contains Molluscs        | No          |
| Contains Sulphur Dioxide | No          |

### Dietary Information

|   |     |
|---|-----|
| Suitable for Vegetarians                      | Yes |
| Suitable for Vegans                           | No  |
| Suitable for Sufferers of Lactose Intolerance | Yes |
| Suitable for Coeliacs                         | No  |
| Approved for a Halal Diet                     | No  |
| Approved for a Kosher Diet                    | No  |

## Ingredients

Invert Sugar Syrup (36.5%), Sugar, WHEAT Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Whole EGG, Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier: Mono- And Diglycerides Of Fatty Acids.), Water, Rapeseed Oil, Raising Agents: Disodium Diphosphate, Sodium Bicarbonate. Modified Maize Starch, Molasses, Natural Flavouring, WHEAT Flour, Stabiliser: Xanthan Gum. Colour: Carotenes.

## Directions for Use

COOKING INSTRUCTIONS: Re-heat from frozen. Remove film. Place container in microwave. Heat on FULL power. 800W for approximately 1 minute 30 seconds, 1100W - 1 minute, 1800W - 35-40 seconds. Allow to stand for 1 minute. Cover container with pudding dish, turn out to serve, scooping out any remaining sauce.  
WARNING: HOT STEAM & TOPPING WHEN RE-HEATED.

## Storage

### Instructions

DO NOT REFREEZE ONCE DEFROSTED. STORE AT -18°C OR COLDER.

## Packaging

CTIN: 5060154039320

Inner CTIN:

Weight/Volume: 130g Minimum Net Weight

Packaging Type: Plastic Tub

## Country of Origin

United Kingdom (Produced in the UK but using ingredients from various origins.)

All Allergen and Nutrition information drawn from [www.erudus.com](http://www.erudus.com) on 27/04/2025